



*Your  
Community Resource*

# The Woodlands Word @ Rivendell

**FEBRUARY 2012**

*Annual Membership and Election Meeting  
Monday, February 6th, 2012  
at 6:00 pm at Bentley's*

## **BOARD MEETING**

The next board meeting will be a short one following the Annual Membership Meeting and Election on Monday, February 6th at Bentley's



## **Vote on the Amendment to Deed Restrictions By Ken Heckert**

Currently our covenants do not permit the Home Owners Association to enter the yards of unoccupied or foreclosed homes. The purpose of this amendment is to enable the HOA to address the problem created when an owner abandons his/her home and stops maintaining it so that it falls into a state of disrepair, becomes an eyesore, and negatively affects neighborhood property values.

In order to better protect neighborhood property values, this amendment will enable the HOA to give the owner notice of the problem, demand that the owner correct it within a reasonable time frame, perform the needed maintenance if he/she does not, and assess the responsible owner accordingly.

An attorney has written the proposed amendment for Article 4, Land Use Restrictions, and the full text is in the Annual Meeting Packet, along with a ballot. If you have questions prior to casting your vote, contact Ken Heckert at [kenheckert@verizon.net](mailto:kenheckert@verizon.net).

In order to become effective, the amendment must be approved by 2/3 of the entire membership of the HOA, followed by approval by the Board of Directors. **We need your vote to pass this amendment.**

**How to vote for the amendment:** You will receive the Annual Meeting Packet in mid-January. Your packet will include a form that states the amendment and requests a **Yes** or **No** vote. Please return this form in the enclosed envelope to Lighthouse Property Management, prior to or at the Annual Meeting on February 6.

**If you fail to return this form in your packet, your lack of response will count as a vote against the amendment.**



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*Rivendell*  
**RESIDENT & AGENT**

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## FOR YOUR INFORMATION: Osprey 9.8 Acre Vacant Residential Lot for Sale

Sperry Van Ness, a commercial real estate brokerage, is currently marketing the parcel of land just south of the Cottages for \$1.5 million. It is zoned residential, but they are also marketing the property as a potential site for an assisted living facility for up to 160 units.

Interested readers can view an aerial photo of the property by going to the following website and searching for Osprey properties: Welcome to [SVN.Com](http://SVN.Com) - Sperry Van Ness Commercial Real Estate Advisors.

*“Beautiful, well-located infill parcel that is prime for residential development. This property is located off of Old Venice Road, adjacent to the Rivendell subdivision in an established area of nice homes and only 1 mile from the beaches of Casey Key. Future Land Use is Moderate Density Residential (2-5 units/AC), but will also support assisted living of potentially up to 160 one bedroom units. Owner will allow time for rezoning.”*



**Photo from Google Earth  
All Rights Reserved. [www.svn.com](http://www.svn.com)**

### In Memoriam

We note with regret the passing of our friend and neighbor Jim Munger, husband of Jeanette, formerly of Clear Creek Drive. Jim is remembered as a consultant who flew all over the world, while Jeanette headed the hurricane preparedness committee, helping to keep Rivendell safe for all. Jeannette’s new address is 1492 Ernesto Drive, Sarasota, 34238.

### In the Mail

Lighthouse Property Management has mailed the Agenda for the February 6th Annual Meeting, as well as Candidate Biographical Information, Amendment Proposal, Ballots, and Proxies.

If you have not received the ballots and information, please contact Lighthouse Management, 941-966-6844

RETURN ASAP



# Directory Update Form: Please Return ASAP By Barb Gahry

All residents will receive a form that allows residents to update any information to be published in the 2012 Directory. **We publish owners' names, addresses, home phone numbers, and an email address.** If you would like to opt out of having any of this information in the directory, you can indicate this on the form. If you want only certain information published, this can be noted. You also have the opportunity to provide a cell phone number(s) or additional email address for inclusion.

**A pre-addressed, stamped envelope will accompany the form for your convenience.** All owners of record will be published in the directory, even if the home is used as a rental property. We encourage all residents to return the completed form as soon as possible after receiving it. **Please return your directory update form to Barb Gahry by February 15th.**

If you have not received this form, please contact Barb Gahry at [bgahry@aol.com](mailto:bgahry@aol.com)



Example of the directory information form.

# Scam Warning from Sarasota County Sheriff's Office by Wendy Rose

The Sarasota County Sheriff's Office is warning residents about seasonal door-to-door scams, most recently a scheme where people pose as students involved in a fundraiser. Reported incidents indicate that well-dressed college-age young men are approaching people under the guise of raising money for a school trip. They claim that they attend local universities and that their parents live nearby.

The pitch differs, but on some occasions the suspects ask for \$118 for a trip to an overseas sports tournament. If the homeowner seems hesitant they reduce the price and offer magazine subscriptions. The suspect will even present an official looking flyer and receipt, but these do not contain valid information.

In a separate but similar scam, the perpetrator claims to be a state or county worker doing tree work or other contracting in the area. On at least one occasion, the suspect has distracted the victim, entered their home and left with their checkbook or valuables.

However the scam plays out, we want to remind residents to not open their door to uninvited guests, even if they claim to be neighbors or claim to be doing official work. Anyone who feels unsafe should call the Sheriff's Office immediately so deputies can contact the individuals and verify the nature of their business. Call 9-1-1 or the non-emergency number 941-316-1201.

.....  
: Question? Complaint? Concern?  
: Alligator Nuisance?  
: Contact Lighthouse Property Management  
: 16 Church Street, Osprey, FL 34229  
: Tel: (941) 966-6844  
: Property Manager:Kyanne Merrill, CAM  
: [kyannemerrill@mgmt.tv](mailto:kyannemerrill@mgmt.tv)  
: Assistant: Shannon Banks, shannon-  
: [banks@mgmt.tv](mailto:banks@mgmt.tv)  
: .....

**Photographic Exhibit of  
Works of Palladio and Canova,  
sponsored by Sister City Treviso,  
Italy and USF  
By Norma Lee Rhines**



**“Photographic Exhibit of Works of Palladio and Canova,”** a photographic exhibit by Cristina Madeyski from Treviso, Italy, will be exhibited at the University of South Florida next spring. Alexandra De Stefanis, resident of Rivendell and a director for Sarasota Sister Cities Association says, “This is an exhibit not to be missed.” Both SSCA and USF are sponsoring this show.

Photos exhibited feature Cristina Madeyski’s works of Palladio and Canova. Palladio is a famous Italian architect and considered to be the father of Neo-classical temples. His influence is evident in Jefferson’s Monticello and the Capitol in Washington, DC. Antonio Canova was an Italian sculptor and is most noted for sculptures of women, including *Paolina Borghese* and *Three Graces and the Dancers*. Cristina photographed these sculptures and buildings in a natural way through reflections giving a sense of movement. As a result, her photos offer extraordinary and unpredictable views of her subjects. Her photographs are never touched up to the moment of printing.

Ms. Madeyski, born in Trieste, Italy, has been interested in photography since 1980 and has devoted herself to natural macrophotography. Since 1996 she has exhibited in Australia, Italy, Austria, and Florida and participated in photographic competitions earning her various awards.

Exhibit Information: William G. Selby and Marie Selby Auditorium, University of South Florida, 8350 N. Tamiami Trail, Sarasota, tel. 941-359-4200. February 6 - March 5, 2012. Refreshments will be served on opening day, February 6, 11AM – 1PM.

**CURRENT CANDIDATE  
FOR THE BOARD**



**Bruce Lorie**

I served in the United States Army, Honorably Discharged 1970. Served an apprenticeship of The International Brotherhood of Electrical Workers and graduated with an Associates Degree in Electrical Engineering. Master Electrician for 35 years, Qualified New York City Electrical Inspector 1984, Electrical Forman for The Triborough Bridge & Tunnel Authority, in charge of all bridge and approach street lighting. I worked for the Managing Agent at The Anchorage Town House & Marina in New York as Superintendent & Liaison for homebuyers prior to closing on their units, and organized the formation of the Board of Directors 1986-1990. Appointed to the Board at Town & Harbor Co-ops in New York 1991-1999. I am presently serving as the Rivendell Pool Committee Chairman.

My goals for Rivendell will be:

A more friendly environment at Board Meetings for homeowners with open discussions, with clear and objective information on what is going on in our community. A more comprehensive approach to our By Laws and the way we award contracts. Competitive bidding will keep our costs down.

**Homeowners are invited  
to volunteer for positions  
on the Board of Directors  
at the Annual Meeting  
Feb. 6, 2012  
at Bentley's,  
Tamiami Trail, Osprey.**

## The Exceptional Myanmar Experience

By Paul Sarno

My 2011 Southeast Asian travel experience revolved principally around my wife Anita and me guiding seventeen, primarily American senior citizens around Myanmar (formerly Burma). For nine days, we visited the commercial capital of Yangon (formerly Rangoon), Bagan (the capital from about 870 to 1200), Mandalay (the second city, arts center and last royal capital), and Inle Lake (the northern Shan State home of leg rowers and floating gardens).

The tour concentrated on three aspects: a well-grounded understanding of Burmese history, religions and culture through my lectures; an appreciation of its classical music, dance and marionette arts (as many of our meals were accompanied by live performances of artists in those media); and an appreciation of the cuisines of the country via meals in local restaurants and the hotels in which we stayed, and a visit to a Mandalay teashop where we sampled the unique strong Burmese tea with condensed milk and sugar. All were supplemented by the constant insights of our local guide Myo Win Myint.

The highlights included an extended stay at the Shwedagon Pagoda in Yangon, the holiest site in Theravada Buddhist Myanmar, the ancient temples of royal Bagan, Mt Popa, the home of the indigenous animist spirits, the Kuthodaw Pagoda in Mandalay where the Buddhist Tripitaka (Bible), as revised in 1871, is carved into 729 large stone tablets, the Pindaya caves in the Shan State, (home to thousands of Buddhist images of all sizes and hand positions), the leg rowers (usually fishermen who row the boat with an oar wrapped around one leg so they can see where they are going), and floating gardens where vegetables are grown directly on vegetation platforms on the lake. The group also observed the ancient arts of lacquer ware, silk and cotton weaving, stone carving, gold and silversmithing.

But perhaps the ultimate delight was the visit to the nineteenth century Yangon Synagogue hosted by our tour organizer, the Samuels family, five of about twenty Jews left in Myanmar, and the final dinner at which my invited Burmese guests, a film writer and producer, an art gallery owner, and a lawyer/librarian and their sons interacted with us in a lively and informal manner. Overarching all of this was the Burmese people (the real reason one travels the twenty-four hours to arrive there). They are uniformly warm, polite, funny, and so anxious for you to understand their country. A simple "Mingalaba" (on greeting) and "gesu tin bah deh" (when thanking their omnipresent acts of kindness) smoothes the path to real insight and avoids the temporary annoyance at ever-present attempts to sell you more handicrafts than you could ever add to your luggage. All in all, the nineteen travelers experienced nine days they will long remember and many already are planning a return.

Paul Sarno will be teaching in Sarasota about Southeast Asian political systems at *Pierian Spring Academy* for six Tuesdays (2 hours each) commencing February 21, 2012, more details at <http://www.pierianspringacademy.org>

**Anita earns some good karma.**



**Burmese woman lights up. ~ Photos by Anita Sarno**

# Landscape/Environmental Committee

## Minutes of January 10, 2012

By Dave Gill



### Pool News

#### By Bruce Lorie, Committee Chair

Christmas and New Year's weeks had a record turnout at our pool. Over 75 people used our warm sparkling clean 80-degree water. Come by and enjoy the warm sunshine and relax by your community pool.

The lighting has been repaired in the entry foyer and covered seating area at the pool. The landscape lighting was also repaired, and this has improved the overall appearance and security of the Pool Complex. I urge all homeowners to please drive by at night and see the difference.

On December 27, 2011, the ARC approved the paint colors for the Pool Complex and the new doors for the restrooms. We expect the work will commence in a few weeks, weather permitting. Please be advised that there will be some random closings. During the renovation of the Pool Complex, bicycles cannot be left chained to the bike rack or fence. The Pool Committee is looking into a temporary bike rack to be located in the parking lot area; we will keep you advised. We are sorry for any inconvenience that this may cause you. Your cooperation is appreciated in this matter. Homeowners will be kept informed by signs posted at the pool regarding pool-closing dates.

Please do not tamper with the heating equipment. This will not make the water any warmer. The pool equipment is running at full capacity and we are doing our best to keep the old equipment running. The pool equipment is checked every day. We have had numerous repairs due to the age of the equipment.

We are in the process of conducting a study on improving the water filtration system and the water heating system. Both of these items have reached their usable life span and will have to be replaced in the near future. We will keep The Rivendell Community fully advised.

The Pool Committee has asked the Landscape/Environmental Committee to develop a plan to improve the dated landscaping in front of the Pool Complex on Rivendell Blvd. We are looking forward

Attending: David Gill (Chair), Rosanne Beatty, Carole Myles, Bruce Lorie. (Seven members of the committee could not attend, for various reasons.)

#### 1. Wetlands & Preserves

a. Aquagenix representatives Michael Wright, Branch Manager, and Stew Metzler, Safety & Compliance Manager, attended; they explained the work they are doing and discussed the chemicals they use to control the exotic and nuisance plants in our preserves. They use EPA approved aquatic herbicides that only affect selective green plants and do not affect fish, animals, birds or humans. Their work follows the Rivendell Master Plan and directions from Sarasota County Resource Protection Services. They answered all our questions.

#### 2. Old Business

- a. Tree Trimming by Valley Crest Arbor Division is completed.
- b. New "floating" main irrigation pump has been installed in Rivendell Lake.
- c. Valley Crest will repair the irrigation on the Rivendell Boulevard bridge and the Placid Lake Drive median. Rework of the Arboracolas will come later.
- d. We are still working on the landscaping contract with Valley Crest.

#### 3. Lakes Report

a. Aquatic Systems: No problems were discussed.

#### 4. New Business & Landscaping Projects

- a. The hedge on the median in Rivendell Blvd, just east of the Cottages entrance, will be trimmed to about three feet high in order to improve driver visibility.
- b. The trees along the Old Venice Road side of The Cottages need additional tree trimming and clean up. This will be added to a new tree-trimming list for 2012.

*(Landscape Minutes, continued on page 8)*

*(Pool News, continued on page 8)*

**(Landscape Minutes, continued from page 7)**

- c. The Committee will look into obtaining landscaping ideas and proposals for adding more colorful plants around the palm trees in front of the pool.
- d. The Committee will recommend approval of three proposals from Sun State Landscape Management for the installation of Sable Palms, Fakahatchee Grass and Flax Lillies at Pine Pond, Golden Pond and Placid Lake along Scherer Way. Sun State submitted the most complete proposals; they included watering and the best warranties. The new board should sign a work order for this work in early February.
- e. We will get an estimate to plant Bahia grass along the sidewalk of Scherer Way next to the lakes. Right now it is full of weeds.

**5. Next meeting: tentatively scheduled for Tuesday, February 14, 2012 at 6:00 PM, at the Cottages Clubhouse.**

**(Pool News, continued from page 7)**

to seeing the new landscaping design plans. Rivendell has beautiful homes and gardens and the landscaping at the Pool Complex should reflect the same.

The Community Pool is available for parties and The Pool Committee suggests homeowners take advantage of the use of our pool complex. Please contact Lighthouse Property Management or The Pool Committee Chairperson in regard to all parties at the pool.

**Sarasota County Sheriff**  
**Non-emergency Contact number for our area is: 316-1201**

Please use this number for non-emergencies (reporting suspicious looking people, lost pets, etc.)

## KUDOs

### Ken Heckert Gets First Ace

On Wednesday, December 14, 2011, Ken Heckert sent a 6-iron cannon shot into the sky and it fell to earth we know not where; that is until he plucked it out of the cup on the 155 yard par 3 fourth hole at the Bobby Jones American Course. His shot was witnessed by Jon Lewis, Max Dickerson, Brian Babbitt and an unnamed greenskeeper, so we know it wasn't another one of Ken's hallucinations. Fortunately, his stroke of genius did not lead to a stroke for any of his playing companions, although they were a bit shell-shocked.

Those wishing to hear the story over and over again are encouraged to call or speak to Ken directly. And don't forget to rub his head for good luck.

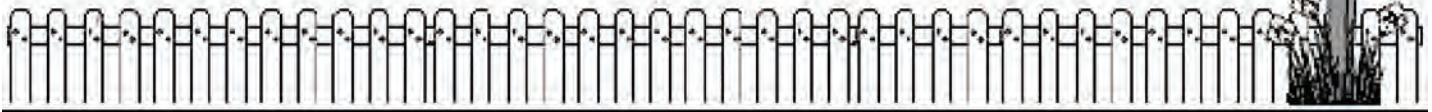
### KUDOs to Wonderful Neighbors

We are so grateful to our neighbor "Steve," who lives with his parents in Rivendell. Steve found my husband's lost wallet in the neighborhood. He called us and brought the wallet to our door. We prepared for the obvious - missing cash - and prayed our credit cards were still inside. We were amazed to see most of the cards in place, and shocked to find not one dollar missing. In an age where we are conditioned against thieves and identity theft, it's refreshing and promising to find a person with such selflessness.

We commend Steve's exceptional character and thank him for his outstanding honesty. We wish him all the best in his future; he shows much promise and deserves great opportunities. We also send our thanks to another Rivendell neighbor who found a few of the cards that had fallen out when the wallet was dropped. She didn't hesitate to email us to return the cards. Many thanks to "Norma Lee" for her care, concern, and promptness in reaching us. We are grateful for such ingenious neighbors! ~ *A grateful neighbor, Dana*



# Cottages Postings



## UPDATES and ACTIONS

Neighborhood Appearance...  
Aggressive leaf removal in progress.

## RU1NA BOARD ACTIONS

2012 Budget in place and operating.

Board Candidates – give notice now!

## BOARD MEETINGS

Thursday, February 23rd, 7:00pm – includes Annual Members Meeting and Board Elections.

Thursday, April 19th

## SOCIALS for January 2012

February 11 Valentine's Party (Wine Tasting) in the Cottages Clubhouse.

February 23 Annual Meeting (RU1NA) 7 p.m. in the Cottages Clubhouse.

February 26 10:00a.m. Sunday coffee in the Cottages Clubhouse.



## FLAG DAYS

Sunday, February 12 - Lincoln's Birthday

Monday, February 20 - President's Day

Wednesday, February 22 - Washington's Birthday

Saturday, March 17 – St. Patrick's Day

Sunday, April 8 - Easter

RU1NA = Rivendell Unit 1 Neighborhood Association.

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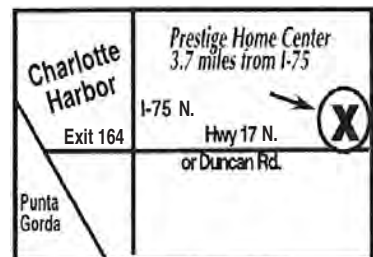
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## Cassariano Italian Eatery in Venice, FL

By Mike Bergman

How do you say delicious food in Italian? The locals in Sarasota and Venice say Cassariano, for good reason. It is owned and run by two partners, Luca Cassana and award-winning chef Antonio Pariano, both born and raised in Northern Italy. They prepare authentic, contemporary Italian cuisine in a casual, relaxed ambience that tends to fill up fast most nights.

The menu starts with some wonderful appetizers, notably a mixed seafood antipasto, carpaccio of beef or swordfish, eggplant parmigiana, sautéed shrimp, and a yummy polenta cake topped with fontina cheese and truffle oil. A dozen pasta dishes far exceed expectations. They run the gamut of flavors with ingredients sure to please any palate. There's something for everyone, including vegetarians.

The main courses feature veal, chicken, pork tenderloin, and filet mignon, all deliciously sauced and prepared. The seafood dishes feature salmon, halibut, pan-seared ahi-tuna, wild sea bass, as well as shrimp, scallops, and a wonderful Zuppa di Pesce, mingling the flavors of shrimp, scallops, mussels, clams, and Atlantic cod in a fresh tomato stew.

On a recent visit to Cassariano, my wife Rosalind and I shared the eggplant appetizer, lightly breaded in a fresh tomato sauce, and topped with cheese. She ordered the veal tenderloin, roasted medium rare, with juniper berries on a bed of luscious beluga lentils. I had the jumbo scallops wrapped in prosciutto, perfectly seared, and served atop the lentils. Both dishes were outstanding. We chose wine from a thoughtfully chosen list of favorites. Then we topped the meal off with espressos and left thinking we must be in heaven.

As you can imagine, Cassariano has become my favorite Italian restaurant. They are open for lunch and dinner Monday through Saturday. Please call ahead for reservations for dinner, especially during season, at 941-485-0507. Cassariano is located at 305B West Venice Avenue, in Venice (34285) on the Island, a few blocks west of US 41. I highly recommend it. <http://www.cassariano.com/html/>



## Belle Canto Offers Free Concerts

By Judy Sokal

**Belle Canto**, Sarasota women's vocal ensemble, under the leadership of Conductor and Artistic Director Elizabeth Goldstein, will perform a world premier of a new work by noted composer **Gwyneth Walker** in two concerts this March. Joining **Belle Canto** in the concerts featuring the Walker composition is the North Port High School Advanced Women's Chorus, directed by Marti Koch. Performance dates are Friday evening, **March 2, 7:30 pm at North Port High School**, 6400 West Price Blvd, North Port, and **March 4, 4:00 pm at the Sarasota First United Methodist Church**, 104 South Pineapple Avenue, Sarasota. Both concerts are free to the public.

The concerts will celebrate National Women's History Month, and included in the program will be a world premier by composer Dr. Gwyneth Walker, *Sweet Molly & Friends* and another Walker 3-part composition, *The Spirit of Women*, which focuses on the joys as well as adversities that have touched women throughout time.

Belle Canto Artistic Director Elizabeth "Liz" Goldstein, stated: "We are looking forward with great anticipation to this wonderful collaboration which has been in the works for over a year. Our mission includes mentoring young singers, and we will be working with the talented young women of the North Port Advanced Women's Chorus as part of the preparation for this concert."

Gwyneth Walker and Goldstein developed a special friendship after their first meeting in the spring of 2011, and Dr. Walker will be present for the premiere of *Sweet Molly and Friends*. Well-known Sarasota arts commentator, June LeBell, will facilitate a preconcert musical conversation with Walker and Goldstein and narrate the concert.

There will be a dinner for friends of Belle Canto and Dr. Walker following the concert on Sunday afternoon March 4. For additional information about the concerts or dinner, visit [www.bellecanto.org](http://www.bellecanto.org) or contact Judy Sokal at 941-966-5904. **Belle Canto** was founded in 2009 by Elizabeth Goldstein.

## ARTS and EVENTS IN SARASOTA



**Suncoast Chorale:** Suncoast Chorale offers six concerts per season. They have special guest performers, group sings, and many other exciting surprises this year.

**A Blend Of Pops Performance Dates:**

February 24 at 7:30pm Trinity Presbyterian Church, 4365 State Road 776, Venice.

February 26 at 3:00pm Englewood United Methodist Church, 700 E. Dearborn St., Englewood.

For more information call **(888) 326-8403** or visit the website:

<http://suncoastchorale.com/Schedule/tabid/527/Default.aspx>

**Belle Canto Offers Free Concerts with World Premier**

Performance dates are Friday evening, March 2, 7:30 pm at North Port High School, North Port, Florida and March 4, 4:00 pm at First United Methodist Church. Free to the public.

**Belle Canto**, Sarasota women's vocal ensemble, under the leadership of Conductor and Artistic Director Elizabeth Goldstein, will perform a world premier of a new work by noted composer Gwyneth Walker. Joining Belle Canto in the concerts featuring the Walker composition is the North Port High School Advanced Women's Chorus, directed by Marti Koch.

**A Plant Collector's Paradise February 25 & 26, 2012**

**February 25 & 26 - from 10 am to 5 pm - at Selby Gardens**



Enjoy an array of plants, gardening accessories, yard art and anything a gardener could wish for at Selby's Garden Festival. The Festival is packed with cooking and gardening demonstrations, shopping, gardening advice, live music, an Ikebana display, and more. Live music concerts will feature rhythm and blues, contemporary and soul on Saturday and Sunday from 1-4pm. Attend free horticulture demonstrations and advice from master gardeners and stroll through the gardens.

**Special reduced admission to the Gardens - two days only!** Admission to the Plant and Gardens Festival is \$9.00 for adults; members are free; children 11 years old and under enter free.

Marie Selby Botanical Gardens, 811 South Palm Avenue, Sarasota 941-366-5731. <http://www.selby.org/events/plant-garden-festival-2012>

**DID YOU KNOW?**

**Home Services Review** is a free website providing an on-line Homeowner Referral Service Guidebook for Sarasota/Bradenton and is available at <http://www.homeservicesreview.com/sarasota-bradenton.php> Home Services Review operates as an independent research company and reviews hundreds of contractors businesses and their capabilities through homeowner surveys, contractor interviews, company reports, written homeowner statements and letters.

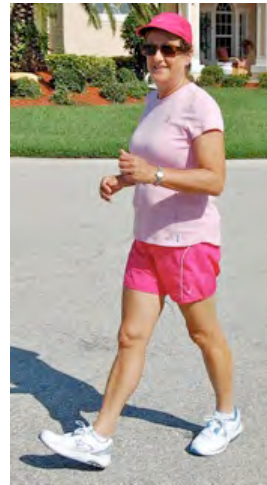
**Sciddy.com** is a free website that does not require registration to find businesses that offer discounts to people 50 years of age and older. Discounts consist of entertainment, food, home services, travel, health, and more in hundreds of cities across the U.S. This website helps locate senior discounts close to our neighborhood as well as nationally. No need to purchase coupons. Discounts are added to the Sciddy website everyday.

**Solar Garden Lights** can be useful during power outages for indoor evening light source. Then re-energize them the next day by putting them outside.

## Susan G. Komen Walk

### Walk 60 Miles - I can do that!

Emails by Karen McClure and edited by Marilyn Probert



Editor's Note: On Friday, October 28 through Sunday, October 30, 2011, Rivendell resident Karen McClure participated in the **Susan G. Komen 3 Day for the Cure Walk in Tampa Bay**. The 60-mile walk began in Clearwater at a Gulf-front park and extended south and east to a Bay-front park in St. Petersburg. Karen's 50 member team, "Walking in Sunshine," was the largest and raised the most money; Karen's husband, Barry, aka "Bear" and "Walker Stalker", was an integral part of her training and her successful completion of the 60 mile walk. Following are excerpts from e-mails she sent to her many generous supporters.



#### Day 1

What an incredible experience! Barry and I had been told that walking in the Susan G. Komen 3-Day for the Cure would be a life-changing event and it was! It was an amazing weekend and one that has truly changed my life.

Friday morning we were up bright and early, as we needed to gather our group together by 5:30 AM for the opening ceremony at Sand Key Park. Approximately 1500+ walkers started the weekend. Hundreds of supporters lined the sidewalks. Workers came out of offices to cheer us on. Decorated cars, men in bras, dogs dyed shades of pink, little children dressed in pink, signs with every "boob" joke possible, and posters with touching pictures and stories were all around us. I was in for a walk of a lifetime.

The first Pit Stop was manned by our Walking in Sunshine Crew Team. It was nice to have familiar faces welcome us in. Pit stops include banks of clean port-a-potties, beverage stations, food stations,

*(Continues on pages 13 & 14)*

and lots of cheering people. Then more miles... Then lunch under the trees at Taylor Park. It felt good to sit for a few minutes, but as I did so, I realized I was stiffening, so I headed over to the medical tent and got "stretched" by a trainer. More miles. We got our first glimpse of "Waldo," a teammate's son, along the route and saw him pop up randomly throughout the afternoon...And then, as we would turn a corner, there was Barry who was "shadowing" us on his bike. Couldn't miss him in his yellow safety vest as he photographed the crowds and us. More miles. Checking the route card, we were almost there. And then, there it was - the end of mile 20 and the buses waiting to take us to Walter Fuller Park in St. Petersburg to Camp.

**Day 2**

Saturday morning arrived early. We dressed and headed to the hotel-parking garage. Those that know me well, know that "I don't do mornings." So somewhat in a stupor, I couldn't find the car. Bear said, "It's right over there, with the bike on it." I sure didn't see any bike. Sure enough, someone had cut thru the steel cable on the bike rack and stolen Barry's bike. Bummer. However, we were not about to let the stolen bike or drizzly weather dampen our spirits...After breakfast and stretching exercises, we donned ponchos and waited in line to put one foot in front of the other...

The sun quickly peeked thru the clouds to reveal a beautiful Florida fall day. We arrived at Pit Stop One to find our wonderful WIS crew decked out in sunny yellow shirts. Ponchos were thrown in the trash. We kept walking. Every time someone spotted Waldo, the cheering rang along the roadways. Barry was usually close by to photograph the moment. They had become a team. Waldo and the Walker Stalker.

More walking. The routes took us on city streets, bike and hiking paths, thru an arboretum, down along the beaches, thru regular neighborhoods, and thru commercial areas...

My feet begin to hurt. They are hot and tired. But only three more miles to go today. I can do it. Walking is easy, cancer is not. Step, step, step. I can do it. I know I can. We even begin to sing, "Follow the Yellow Brick Road." Step, step, step. Almost there. More encouragement from the sidelines and then we are at Camp.



**Day 3**

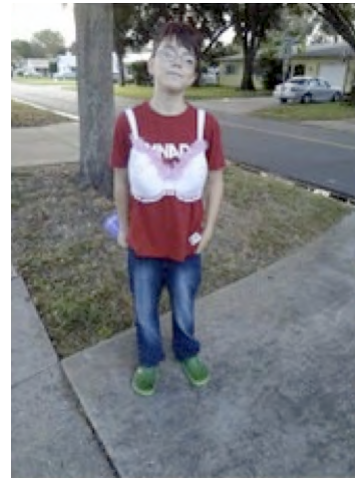
We started early-- up at 4:00 a.m. to pack up hotel room and meet the gang in the lobby to arrange transport to Camp for our final day... Everyone else seemed bright and cheerful -- I needed coffee!!!!

The weather was fresh as we impatiently stood in line to exit Camp and begin our final miles to the finish line. As we walk, Camp is broken down and Komen begins transporting to the next venue (Dallas). An incredibly efficient and organized operation, Komen has refined the logistics like a well-oiled machine.

More walking. Lots of horn honking. Lots of cheering. More walking. Decorated cars. Crowds. Walking... Suddenly, there was this funny little car honking alongside us. It was a 1950's BMW Isetta

*(Continued on page 14)*

decked out with a pink bra for a hood ornament, pink pompoms, and pink flamingos...Upon closer inspection, we saw the back seat contained a large cage with a real gerbil "walking 60 miles" on his treadmill wheel. Everyone was joining the cause!



We continued walking...Okay, so there were blisters on our feet by now. But they were worth it.

All three days, along the way, we were greeted by SOB's. They stand for Sons, Others, and Brothers. Their signs are in pink and blue and proclaim breast cancer to be a disease that affects the whole family...the reality is that for every woman diagnosed, her father, her brother, her uncle, her son, her husband, and her male friends are all affected emotionally...

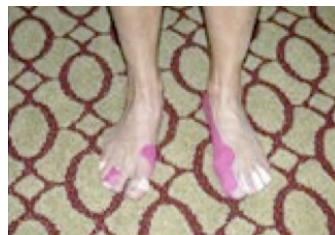
We continued walking. We walked thru tunnels made by supporters cheering us. The cheering station was blocks long...As we approached the final mile we decided we would stop and wait for more of our Walking in Sunshine team to gather. It would be fun to finish together...Both sides of the walk were lined with well-wishers. "Pirates" handed out pink beaded necklaces, hands were slapped with high fives, and there was a girl holding a sign that read "0 miles to go." What a rush of adrenaline.

Soon, the last walkers crossed the finish line. Then it was time to line up for the final walk into Spa Beach Park for the Closing Ceremony. All the dedicated volunteers from the whole weekend (crew from pit stops, grab and go's, safety crossing guards, sweep van drivers, medical staff, camp staff, etc.) made the walk first. Then the survivors in their pink shirts took the road to honor. Emotions were running high as the sea of walkers made it to the water's edge...The flag bearers walked down the path and held the flags high. The survivors in their pink shirts followed and were led up to a platform above the crowd. We all turned and faced them. Another flag was raised high above the crowds. It read: A World Without Breast Cancer. Then, as in the 3-Day tradition, each walker raised a shoe high above their heads to honor the survivors and those that have gone before.

Thanks to you, I had over 195 donors and raised over \$14,000. Our team...raised over \$158,000. And the Tampa Bay 3 Day Walk for the Cure raised over 4 million dollars ...

I AM PROUD AND HAPPILY TIRED!

I THANK YOU FROM THE BOTTOM OF MY SOUL AND SOLES!



## SERVICE PROVIDER RECOMMENDATIONS

**BodyWise Physical Therapy**, 375-8624. Looking for a great physical therapist? We have one close to our neighborhood. **BodyWise Physical Therapy** is on Tamiami Trail just across the street from the Osprey Post Office. Owner and director, Fane Sigal, has been treating patients locally for the last seven years and decided to venture out on his own. He has an extensive background and education in neurological, orthopedic and geriatric rehabilitation, which has helped him develop a broad understanding of his field. His clinic focuses on attentive, one-on-one care and each treatment plan is designed specifically for the individual patient. With his vast knowledge base and creativity within his treatment plans, it seems as though he could fix just about anything. The staff are helpful and easy to talk to and their facility is always clean and inviting. No matter the ache, pain or injury, **BodyWise** will be able to help you. You can make appointments or ask questions by calling 941-375-8624 or email [info@bodywisesarasota.com](mailto:info@bodywisesarasota.com). For more information on the clinic, stop by and check it out or take a peek at their website [www.BodyWiseSarasota.com](http://www.BodyWiseSarasota.com). *Karen McClure*

**Computer help and technical support, 941-504-7064, Chris Dower.** We heartily recommend Pine View senior Chris Dower for your computer needs. He has not only made repairs to our computers, but he is helpful in teaching us new skills and speaking at our level of understanding. And his prices are reasonable. Chris can be reached at 941-504-7064 or [dowertechnologies@gmail.com](mailto:dowertechnologies@gmail.com). *Marilyn Probert, Judy Sokal and Jon Lewis*

### Send in your favorite Service Provider!

Please send us the name and phone number of your favorite plumber, electrician, hair stylist, landscaper, you name it- and we'll list it!

If you have a service provider you'd like to recommend, please email Norma Lee at [nlrhines@verizon.net](mailto:nlrhines@verizon.net)

## CLASSIFIED ADS

**OAK SECRETARY** by Jasper Cabinets. Glass shelves with interior lighting, excellent condition. \$350 OBO. Call Barb Gahry **951-586-3936**

**MOTHER'S HELPER/BABYSITTER: Sivan Yohann, 966-7766.** Pine View 8th grader would love to play with your toddlers after school while you're trying to get dinner ready, or babysit your kids so you can have a well-deserved evening out! I am extremely friendly and responsible!

**MUSICIAN/BAND: Daniel Yohann, 966-7766.** Pine View 10th grader fronts Sarasota's Most Exciting Teen Band, **Uneven Lanes**. The band is available for private parties, charitable functions, and events. Check out our Facebook page to hear three of our songs!

**COMPUTER HELP AND TECHNICAL SUPPORT:** Senior at Pine View, and experienced. Most work runs \$20 an hour, and I have a flexible schedule. Call **Chris Dower, 941-504-7064** or email at [dowertechnologies@gmail.com](mailto:dowertechnologies@gmail.com).

**BABYSITTER Available: Molly Benkaim, 941-961-3385.** 11th grade Pine View female student available for babysitting. Former camp counselor and CPR certified. Please call Molly for references.

**PET SITTING: Eve Day, 941-780-0821.** Rivendell High School Senior who does pet sitting. Will follow all instructions and pricing is very reasonable.

**The Architectural Review Committee (ARC)** meets the **last Tuesday** of each month at the Cottages Clubhouse. Applications are due to Lighthouse Management by the **third Tuesday** of each month.

**NOTE:** The ARC recommends that applications be received one week before the next meeting. Applications received after the monthly date will have to wait until following month.



## BOOK GROUP SCHEDULE

By Marilyn Probert

The February 13th Book Group meeting will take place at Elaine Roeter's home at 1133 Scherer Way, phone 966-9816. Carol Heckert will lead a discussion of "*The Bread Givers*" by Anzia Yezierska. This historical novel tells of the struggles of Sara Smolinsky, the youngest daughter of a strict Orthodox Jewish rabbi, as she tries to forge a life for herself outside of her father's domination.

The selection for March 12 is "*Nemesis*," a novel by Philip Roth. The setting is Newark, New Jersey during a 1944 outbreak of polio. Bucky Cantor, playground director and central character, gives in to his fiancée's pleas and leaves Newark for the "safety" of a job at a summer camp in the Poconos. The scene shifts to 1971 when Bucky runs into one of his former playground participants. Arnie Mesnikoff, the story's narrator, then learns of Bucky's regret-filled life of guilt and bad choices. Elaine Roeter will lead the discussion at Anita Sarno's home at 713 Fordingbridge Way. Anita's phone number is 918-1669.

In April we will take on Paula McLain's "*The Paris Wife*" which centers on the love and marriage of Hadley and Ernest Hemingway during the Jazz Age in Paris.

Book Group meetings are held at 7:30 on the second Monday of the month. All Rivendell residents are welcome; just call the month's hostess so she'll know how many to expect.

### Email Address, Please

We lack email addresses for almost 1/3 of Rivendell Residents.

We want to keep you up-to-date on community activities and to keep ALL homeowners informed.

*Your email address will not be distributed to any outside agency.*

Please send your name and email address to Barb Gahry at [Bgahry@aol.com](mailto:Bgahry@aol.com)

## Ankle Fractures Often Not Diagnosed

Submitted by Ed Lin; excerpted from *Surgical Products Magazine*

Mistaking an ankle fracture for an ankle sprain has serious consequences when the foot does not heal correctly. The American College of Foot and Ankle Surgeons reminds patients to seek correct diagnosis to ensure recovery, especially in the cold-weather months when most ankle injuries occur.

Ankle fractures involve a crack or break in the bones that form the ankle joint. A sprain involves the ligaments that hold the anklebones together. Both injuries can happen simultaneously when the ankle moves beyond its normal range of motion, but a fracture requires more complex treatment than a sprain. "Sprains are very common so people want to believe that is what is going on, but prolonged pain and bruising should trigger awareness that it might not be just a sprain," says Georgeanne Botek, DPM, FACFAS, a Fellow of the American College of Foot and Ankle Surgeons. In addition, pain and ability to walk are not good tests to determine if it's a sprain or a fracture because walking is still possible with less-severe injuries. Telltale signs of a fracture include bruising, blisters, significant swelling, or bone protruding through the skin. In addition to bone, ankle fractures can also involve cartilage surrounding the bones.

Patients with unrecognized ankle fractures have a high risk of developing infection, arthritis, or foot deformities that may make it difficult to walk normally. Among those at highest risk for ankle fractures are post-menopausal women ages 50-70 with osteoporosis. Their anklebones tend to break in fragments that don't rejoin. Patients with diabetes, vascular disease, alcoholism and immune deficiency should receive prompt care because they are vulnerable to nerve damage, infection, or other serious conditions. Patients with these conditions often don't feel pain that accompanies ankle fractures and need to learn other signs that bones are broken, like swelling, bruising, ulcers, and feet that are hot to the touch. Another problem older patients have is increased risk of developing arthritis after an ankle fracture.

<http://www.surgicalproductsmag.com/>

**RECIPE:**

**Triple-Chocolate Pumpkin Pie**  
 Served by Sallie Hawkins at a recent Book Group gathering.

This recipe can fill two store-bought graham cracker crusts. Serves 12

**Ingredients**

**For the Graham Cracker Crust**

- 2 cups finely ground graham cracker crumbs (about 16 crackers)
- 3 ounces (6 tablespoons) unsalted butter, melted
- 1 tablespoon granulated sugar
- 2 tablespoons packed light-brown sugar
- ½ teaspoon coarse salt
- ½ teaspoon ground cinnamon
- 3 ounces bittersweet chocolate (preferable 61% cacao), finely chopped

**For the Filling**

- 6 ounces semisweet chocolate (preferable 55% cacao) chopped
- 2 ounces (4 tablespoons) unsalted butter, cut into small pieces
- 1 can (15 ounces) solid-pack pumpkin
- 1 can (12 ounces) evaporated milk
- ¾ cup packed light-brown sugar
- 3 large eggs
- 1 tablespoon cornstarch
- 1 teaspoon pure vanilla extract
- 1 ½ teaspoons coarse salt
- ¾ teaspoon ground cinnamon
- ¾ teaspoon ground ginger
- ¼ teaspoon ground nutmeg
- pinch of ground cloves
- 1 ounce milk chocolate, melted



**Directions**

1. Buy premade crusts or make the crust: Preheat oven to 350 degrees. Combine graham cracker crumbs, butter, sugars, salt, and cinnamon in bowl. Firmly press mixture into bottom and up sides of a 9-inch deep-dish pie dish. Bake until firm, 8-10 minutes.
2. Remove from oven and sprinkle bittersweet chocolate over bottom of crust. Return to oven to melt chocolate, about 1 minute. Spread chocolate in a thin layer on bottom and up sides. Let cool

on a wire rack. Reduce oven temperature to 325 degrees.

3. Make the filling: In a large heat-proof bowl set over a pot of simmering water, melt semisweet chocolate and butter, stirring until smooth. Remove from heat.

4. Mix pumpkin, milk, brown sugar, eggs, cornstarch, vanilla, salt, cinnamon, ginger, nutmeg, and a pinch of cloves in a medium bowl. Whisk 1/3 pumpkin mixture into chocolate mixture. Whisk in remaining pumpkin mixture until completely incorporated.

5. Transfer pie dish to a rimmed baking sheet, and pour pumpkin mixture into crust. Bake until center is set but still a bit wobbly, 55 to 60 minutes. Let cool in pie dish on a wire rack. Refrigerate until well chilled, at least 8 hours (preferably overnight). Before serving, drizzle melted milk chocolate on top. Serve immediately.

**Rivendell 2012 Directory Advertising Space**

Sundown Publishing will be producing The Rivendell Directory for 2012. If you wish to advertise, please call Craig Tirgrath at 941-485-8800. Rivendell residents will be given priority for ads submitted.

Please contact Barb Gahry to change or remove your phone number or email address, or to make any other changes to the Directory. Barb Gahry can be reached at 941-586-3936 or [bgahry@aol.com](mailto:bgahry@aol.com)

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# ARCHITECTURAL REVIEW COMMITTEE

## Minutes of Dec. 27, 2011 Meeting

### By Barry McClure

**Attendees:** Barry McClure – Committee Chair, John Greco – Board Liaison, John Beatty, Allen Roeter

**Guests:** Bruce & Janet Lorie, Marlene Vogt, Rosanne Beatty, and Carol Anne Haddock

The ARC meeting was called to order at 6:00 PM initially with a quorum of 4 Committee members present.

The minutes of the November ARC meeting were reviewed and approved as written.

**The following applications were reviewed and decided for action.**

ITEM	ADDRESS	WORKPLAN	RESOLUTION
1.	1119 Mallard Marsh	Digging irrigation well.	Resolved: <b>approved</b> Motion: Greco 2nd: McClure Notes:
2.	Rivendell Pool House	Re-paint, and install new doors	Resolved: <b>approved</b> Motion: McClure 2nd: Roeter Notes: ARC's role was to review Pool Committee's submission to Board for compliance to community guidelines
3.	1101 Mallard Marsh	Solar Panels	Resolved: <b>approved</b> Motion: Beatty 2nd: Greco Notes:
4.	825 Placid Lake	House painting	Resolved: <b>approved, contingent as in Notes</b> Motion: McClure 2nd: Roeter Notes: Homeowner did not submit color specifications, but rather notified that color selection was to be matching the body and trim colors on a neighbor's house. ARC approval is thus contingent on Homeowners use of colors to match that existing on home at 820 Placid Lake Drive.

New business: none

ARC meeting adjourned at 6:20 pm.

**Next Meeting January 31, 2012 6:00 p.m.**



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(nlrhines@verizon.net)

**Board Liaison**, Judy Sokal

**Chair**, Norma Lee Rhines

**Directory**, Barb Gahry

**Block Captains**, Cindy Schmidl

**Newsletter**, Norma Lee Rhines, Linda Pearlstein, Editors; Marilyn Probert, Copy; Pam Babbitt, Reporter Assignments; Mike Bergman, Reporter Representative

**Reporters**: Barb Gahry, Carol Heckert, Mary Kennedy, Charles Kiblinger, Jane Lettich, Ed Lin, Kay Mruz, Anita Voth

**Architectural Review (ARC)**

(ARC.BMc@gmail.com)

**Board Liaison**, John Greco

**Chair**, Barry McClure

Frank Pafumi, Allen Roeter, John Beatty

**Landscape/Environmental**

(davidegill@verizon.net)

**Board Liaison**, Ken Heckert

**Chair**, Dave Gill

Mike Bergman, Frank Freestone, Sallie Hawkins, Carol Heckert, Denny Pavlock, Walter Perkowski, Dieter Schmitt, Carl Schubert, Nancy Schubert, Jim Stepien

Participants: Carole Myles, Rosanne Beatty

**Swimming Pool**

(brucelorie@yahoo.com)

**Board Liaison**, Judy Sokal

**Chair**, Bruce Lorie

Carol Anne Haddock, Janet Lorie, Walter Perkowski, Bo Potter, Alexis Spaulding

**Access the Rivendell website at:**

http://www.lighthousepropertymanagement.net/portal\_login.html

**Your input and feedback are always encouraged and welcomed.**

**Rivendell Board of Directors**

**John Greco, president**

(jgreco8054@aol.com)

Liaison to ARC

**Bobby Merrill, treasurer**

(bobbymerrill3@aol.com)

**Ken Heckert, director**

(kenheckert@verizon.net)

Liaison to Landscape/Environmental

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Kyanne Merrill: kyannemerrill@mgmt.tv

**Deadline** - Submit articles and information to [pbbabbitt@comcast.net](mailto:pbbabbitt@comcast.net) by the tenth of the month.

.....  
: Directory Update Form :  
: Return to Barb Gahry TODAY! :  
: .....  
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