



*Your
Community Resource*

The Woodlands Word @ Rivendell

NOVEMBER 2011

Happy Thanksgiving



Landscape/Environmental Committee Meeting Minutes from September 21, 2011

By Dave Gill

Attending: David Gill, Chair: Rosanne Beatty, Mike Georgopolis, Carole Myles, Walter Perkowski, Dennis Pavlock, Ken Heckert, Jim Stepien, Mike Bergman.

1. Old Business

- a. Viburnum Hedge at Cottages. Mike Georgopolis was emphatic that we cut only the hedge by the four houses by the entrance that has grown to 13-15 feet. These can be cut back to 6 feet with the intent of it growing back up to 7-8 feet. "Maintain" the whole hedge at 7, no more than 8, feet.
- b. Tree Trimming. Valley Crest Arbor Division is reworking the proposal to reflect Board priorities. This should be signed next week as a work order to proceed. About \$ 25,000 worth.
- c. Park Trace Border Plantings put on hold. The Board does not want to expand our water currently used for just the plants around the sign. Valley Crest (VC) will not guarantee new

(Landscape Minutes continued on page 4)

Message from the President

November 2011

The thoroughfares of Rivendell are laid out in a way that encourages walking, jogging, biking and simply enjoying our magnificent natural setting. Rivendell Boulevard has long sweeping curves past lakes, ponds and preserve areas that invite drivers to keep a look out for birds and other animals.

The population using Rivendell's roads is remarkably diverse. We have very young children, senior citizens, and every age group in between. The proximity of Pine View School brings lots of non-residents into our community for pick-ups and drop-offs as well. The other day I was behind 3 kids who were hanging onto a golf cart while they zigzagged down Scherer Way.

All of this is to say that there are very good reasons for the 25 MPH speed limit throughout Rivendell.



(Message from President cont. on page 3)

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Rivendell Board Meeting NEXT BOARD MEETING WILL BE

December 8th 2011

at 6:00 pm at the First Baptist Church of Osprey

Address: 265 North Tamiami Trail, Osprey (just north of Bay Street traffic signal and on the west side of the street).

Rivendell BUDGET ADOPTION Meeting

Thursday, NOVEMBER 3rd, 2011
at 6:00 pm at the First Baptist Church,
265 N. Tamiami Trail, Osprey.

(President's Message continued from page 1)

I drive at or very close to the well-posted speed limit. As a result, I often have vehicles following me at a distance of approximately 6 inches from my rear bumper. I've had cars pass me on Rivendell Blvd going twice my speed. Memorably, after exiting the neighborhood, one person pulled up next to me at the light on Old Venice Rd, rolled down the window, gave me the finger, and informed me that only an OLD fool like me would actually drive at the speed limit.

Drivers need to understand that aggressive tailgating will not cause me to speed up. They will only be stuck behind me for at most a mile. Then they will be back on Route 41 where they can play games with all the other NASCAR wannabees.

I suppose that at this point I should make a plea for folks to please slow down in Rivendell, enjoy the scenery, and stop driving in a way that threatens their neighbors with bodily harm. But alas, I know that my request would fall on deaf ears. So here is what can be done. The Sheriff has established a hot line at 365-Tags (8247) where aggressive drivers and speeders can be reported. I encourage all homeowners who are concerned about this to make the call when they encounter dangerous driving in our community.

John Greco

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(Landscape/Environmental Committee, cont. from page 1)

- plantings without irrigation. Several committee members suggested the Water District put a meter on the tap and we pay for our use.
- d. Main irrigation pump. First we need a detailed written assessment by Valley Crest Irrigation Division of our overall and seasonal water "needs," including both the Cottages and rest of RCA common property. This should include an inventory of our current irrigation equipment. Second, we need an engineering assessment, including flow charts, plumbing schematics, drawings and specs of existing equipment. This should show all systems, pumps, intakes, valves, pipe size and zones. Also include the electrical layout and schematics showing power requirements, amp draws, breakers, timers, switches etc. Kevin Bridges or another qualified professional could do this. The committee recommends that the Board pursue these reports ASAP before purchasing new equipment. Set a date for the reports to be completed.
2. Lakes Report
 - a. Cattails in Lakes have been chemically treated. A question was raised as to what can be done "if" cattails start to grow in the lakes with Littoral Zones?
 - b. Geese have not left yet. By October first?
 - c. Aquatic Systems Contract will be signed by October 1st, with an increase of \$40/month.
 - d. Jim Stepien said that Placid Lake still has floating algae. Will check.
 3. Wetland Report
 - a. Exotics removal is priority. Nuisance work on vines is secondary, but on-going. More vine control needs to be addressed behind some homes.
 - b. Aquagenix Contract runs through December 31st. Will meet in October.
 - c. Rosanne said that they may have oversprayed the herbicide along Pine View Trail and killed more than just the vines. In addition, some of the dead material should be removed. We need to look into this and advise Aquagenix.
 4. New Business & Landscaping Projects
 - a. Front Entry. Residents from the Cottages have volunteered to plant and "maintain" flow-ers by the front entry and at the entry to the Cottages. We will need to monitor on-going maintenance (pull out dead stuff, weeds and replant new). VC plans to give us a proposal and digital picture on flowering plants for the point of the front entry island.
 - b. The Board has approved mowing of the berms on the backside of four lakes next to the preserves. Reynolds Mowing should begin within 2 weeks. They will mow again in spring 2012. The trees and bushes will not be trimmed at this time.
 - c. Turf Grass Repairs:
 - i. Next to sidewalk along Scherer by lakes is postponed.
 - ii. Crescent Park along Shadow Bay Way will be viewed Friday, 9/23, and work orders signed ASAP.
 - d. Vandal Problems with Irrigation Timers was noted. May need new boxes and new keys.
 - e. VC Contract should include removal of vines in the parks. There was discussion to consolidate all the work orders, specs, and scope of work write-up into a new valid written document, ASAP. Will need it for bidding for next year's contract. A better set of plans is needed that is color-coded to indicate where landscape maintenance is included.
 5. Other Landscaping/Environmental issues
 - a. Common area on Foothill Court needs to be included in mowing and maintenance.
 - b. Budget should include replacement and planting of new trees.
 - c. Plastic boxes. Jim Stepien and Walter Perkowski have volunteered to remove and dispose of the two plastic boxes, that once held the solar irrigation equipment and generator, located at the end of the land bridge between Placid and Eagle lake.
 - d. Generator. We have a John Deere portable, 6750-watt gas generator, now stowed in the pool closet. The LEC recommends it be maintained or sold through The Woodlands Word, auction, or raffle. Proceeds could purchase a tree for a park with a plaque.
 6. Next meeting: (Second Tuesdays of month): **Tuesday, October 11th, 7:00 PM, at the Cottages Clubhouse.**

Pool Committee News

by Bruce Lorie

Members of the Pool Committee plan to recommend to the Board that we make several upgrades to the Pool Complex. The first upgrade will be to replace bathroom doors and frames. Also included in the first upgrade, we plan on repainting the entire Pool Complex inside and out.

Further improvements are in the planning stages and are being discussed to update the bathrooms by adding new stalls to the men's and ladies rooms, add electric hand dryers to both bathrooms, install new sinks, faucets, toilets and urinals. We would also recommend to tile the bathroom floors for sanitary reasons. These improvements will not cost the homeowners any additional out of pocket expenses.

I hope this will clear up any rumors regarding the Pool Complex. Please stay tuned for more Pool News. If you are interested in joining the New Pool Committee, please email me at brucelorie@yahoo.com.

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Rivendell
RESIDENT & AGENT



Alexandra De Stefanis
City Director for Sarasota Sister Cities Association

By Norma Lee Rhines

As long as Alexandra De Stefanis can remember, the arts have been a major theme of her life and work. Growing up in Milan, Italy, she was encouraged by her family to appreciate music and the arts in all forms. "I have a cousin who did restorations at the Vatican and taught art at the Accademia Delle Belle Arti in Rome. He is a figurative artist. Another cousin, an abstract painter, taught art and was director at the Accademia Di Belle Arti in Reggio Calabria. My aunt was an opera singer and my brother was a sculptor," Alexandra recalls. She moved to New York in the early 60's and while raising a family, worked as an interpreter and translator for several Italian fashion houses during their annual shows.

A Rivendell resident, Alexandra is a city director for Sarasota Sister Cities Association (SSCA). This organization is involved in person-to-person exchanges with eight "Sister Cities" across the globe with emphasis on citizen diplomacy, arts, education, business, sports, civic activities and government. Treviso, Italy is one of the eight cities twinned with Sarasota.

Presently, she is planning a photographic exhibit—The Veneto through the eyes of Palladio and Canova by Cristina Madeyski. The photos offer a surreal interpretation of the classic works of these Venetian artists. The images are transfigured allowing them to speak to the viewer through forms and color freed from their commonplace connections and contexts. Cristina is an international photographer who won first place in the SSCA International Photographic contest two years ago. This exhibit will open on February 6, 2012.

Last spring Alexandra brought, for the first time in the U.S., an International Exhibit of Illustrations for children's books—78 pieces composed by artists from all over the world that for the past 30 years have exhibited in Sarmade (near Venice, Italy).

"I am very excited that my daughter, Simona, is relocating to Sarasota from Texas. She is opening a home décor boutique called M'Bellish Home and Body on Pineapple Avenue in downtown Sarasota that will carry a selection of international merchandise for the home and women's jewelry and accessories. The opening is planned for October 2011."

When she isn't traveling to different locations in the states to visit her five children and six-month old grandson, she teaches Italian, weaving Italian culture, history and artistic heritage into each lesson. Alexandra travels to Italy yearly visiting family and embracing her Italian heritage. She often travels with Susanna Wriston, owner and operator of Italia Dolce Vita, and Vice City Director for Treviso and SSCA. Italia Dolce Vita offers tourists rare insight to places seldom seen by the average visitor.



~ photo by Judy Sokol

Watch Out For Chinch Bugs

by Gwen Stepien

If your grass has dead spots in some places, it is most probable that it has chinch bugs. A chinch bug will suck the sap out of the stems and roots of the grass. Even if you plant new grass it will die again if these bare spots have not been treated. Chemical chinch bug treatment will stop these bugs from spreading. Chinch bugs lay their eggs and hatch in as little as one week during summer. When these chinch bugs are fully matured, they become black with white wings on their backs. If chinch bugs are not treated with a pesticide, they will do more damage and will fly to other locations in the lawn.

Inspect your lawn at least once a week during summer months, or ask a lawn care professional to check out your lawn. Early detection and chinch bug insect control can stop a major infestation from occurring. Infected lawns often need multiple treatments in order to eradicate all the chinch bugs. They also tend to lay their eggs in dry areas. If you don't find any chinch bugs, it could be a sign of a lack of water.

VISIT RIVENDELL'S WEB SITE

Need an ARC approval application form?

Want to read the *Woodlands Word* on-line and see the photographs in color?

Rivendell Website Instructions

Access the Rivendell website at: http://www.lighthousepropertymanagement.net/portal_login.html

To begin, click on *Association Members Login*. Your new Login ID is your 6-digit **Lighthouse Management account** number (including leading zeros) followed by your last name, for example "001234Smith." Don't know your account number? Call Lighthouse at 966-6844.

Your temporary password is **LHMTEMP123**. Follow the prompts to create your own password.



FALL BACK!!

**Daylight Savings Time
ends November 6th.**

Change clocks back one hour.

**And...Don't forget to
change the battery in
your smoke detector.**



Proud To Be An American

By Anita Voth



As some of you might know, I am an avid walker. I power walk 3 miles a day along the sidewalks of our beautiful neighborhood. I listen to the birds singing and watch as nature abounds around us. Our neighborhood is indeed a special one. The majority of our neighbors take great pride in their homes, demonstrated by their beautifully landscaped property. Most of our “dog owner” neighbors’ pick-up after their furry companions, and all is well in the land of Rivendell.

Along with the 10th anniversary of 9/11, I am observing the 10th anniversary of my arrival in the U.S. I left Ontario, Canada in my rear view mirror on that fine 16th day of August to start a new life in Florida with Rev, not knowing how this beautiful country would be changed forever in the month to follow. Though that Sept. 11th day is encrypted in our minds as a tragedy, it has taught us all what it is to be an American. Many of our neighbors have proudly displayed the American flag for as long as I can remember, but if you take a look around our neighborhood, you likely will find more fluttering American flags than normal this year. Renewed patriotism spurred by terrorists’ attacks on the United States led many residents to unfurl Old Glory at home for the first time. As we proudly fly our American flags, I would like to remind everyone of just a few displaying and handling rites that are outlined in United States Code, Title 36, and Chapter 10-what amounts to codified patriotic behavior.

- Fly the flag outside only from sunrise to sunset, unless it is illuminated for nighttime display, (that may as simple as turning on your coach light).
- Do not fly the flag outside during inclement weather unless you use an all-weather flag.
- The flag should be cleaned and mended when necessary.
- Fly the flag with the “union” (the blue field of white stars) at the peak of the staff (unless the flag is at half staff) when flying the flag from a staff projecting horizontally or at an angle from the windowsill, balcony, or front of a building.
- Never allow the flag to touch anything beneath it, including the ground, floor, water or other items.
- When a flag is so worn it is no longer fit to serve as a symbol of our country, it should be destroyed by burning in a dignified manner.

On Dec. 12th, 2007, I earned my American citizenship after a long, 6-year process. I am proud to be an American; we fly our flag proudly as I am sure all of you do. Let’s do our best to make sure that our display is worthy of the representation.

“I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one Nation under God, indivisible, with liberty and justice for all.”



Anita Voth ~ photo by Rev Voth



Cottages Postings



UPDATES and ACTIONS

Specific homeowners will be notified regarding their property appearance.

Mulch program - planning for 50% more material for Thursday, November 17th installation.

RU1NA BOARD ACTIONS

2012 Budget submission actioned. Members will be notified.

BOARD MEETINGS

Tuesday, November 22nd

Thursday, January 26th

Thursday, February 23rd – including Annual Members Meeting

SOCIALS

TRIVIA NIGHT in November. Look for posting on Clubhouse door.

THANKFUL DAY has been a big success in past two years. Need a Volunteer to spearhead this event.

Coffees will resume when volunteers return. Look for sign in front of Clubhouse.

FLAG DAYS

Tuesday, November 8 - Election Day

Friday, November 11 - Veterans Day

Thursday, November 24 – Thanksgiving

Wednesday, December 7 – Pearl Harbor Day

Sunday, December 25 – Christmas Day



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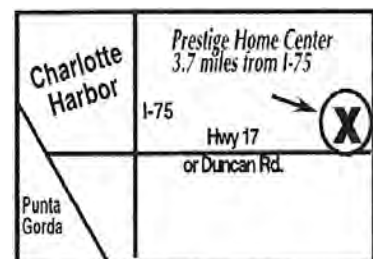
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Fall Family Festival in Osprey in Bay Preserve
Saturday, November 5th, 11am - 3pm
Free and Fun!
By Sara Jones



Bay Preserve at Osprey – photo by Clyde Butcher, © 2004

Biology in the Bay with Chuck Idelberger, Fishery Biologist with the State of Florida

Kid's Workshop with Venice Home Depot

Old Fashioned Games Sack races, water balloon toss, three legged race, and fitness

Art Projects Decorate a pot and fill it with a plant

Water Fun with Southwest Florida Water Management District

"Light Art" exhibit by Katherine Lauder

Live Music.....Face Painting

Food from Morton's Market available for purchase

Italian Ice by The Orange Octopus

Fire Truck from Sarasota County Fire Department

Wellness Tent by Doctors Hospital of Sarasota

Kayak Demos with Economy Tackle

Thompson's Popcorn Wagon

Win a Kayak!



Location: BAY PRESERVE AT OSPREY is located at 400 Palmetto Avenue, Osprey, FL

Parking: Visitor parking for the festival is available at Historic Spanish Point, 337 North Tamiami Trail, First Baptist Church and First Church of God at the corner of Oak Street and Tamiami Trail. Sarasota Trolley Shuttle will pick up at the corner of Oak Street and Tamiami Trail.

Sponsored by Conservation Foundation of the Gulf Coast:
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Make way for ducklings ~ photo by Kay Mruz



Smile! We're on Candid Camera! ~ photo by Kay Mruz

Through The Lens: Part 3: Black-bellied Whistling Duck (BBWD)

By Kay Mruz

While doing research for this article I was surprised to learn that Black-bellied Whistling Ducks (BBWDs) are very “un-duck-like” and actually have a number of goose characteristics.

The first noticeable similarity to a goose is the Bawd’s long neck and legs. Secondly, as the most erect of all ducks, they lack the cute “waddle” movement when walking. Body color is a rich cinnamon, and as the name says, they have a black belly. The upper part of their neck and face is grey with a dark hind neck stripe and white-eye ring. The bill is bright orange. Legs are a pink-red color. Both sexes are similar in appearance. When in flight, a white wing bar, unique to whistling ducks, is visible. Juveniles’ bills, legs and feet are grey, and their over-all color is significantly paler. Adult plumage is reached at 8 months.

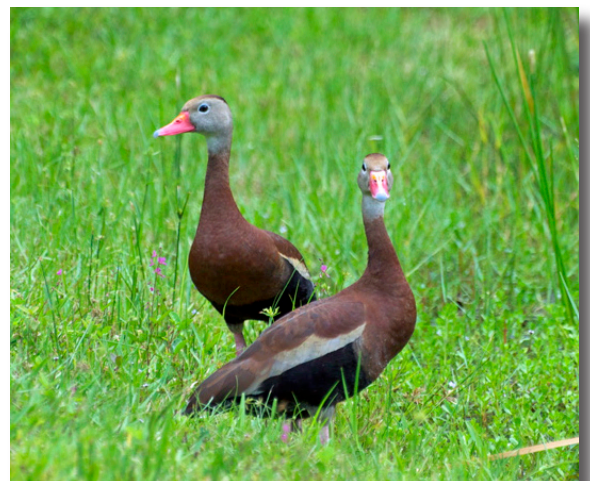
If you are a year-round residents of Florida, you can hear the high-pitched, rapid whistle call of the BBWD near the shallow areas of ponds, lakes and marshes. BBWDs also prefer to have lots of trees close by. Once called the Black-bellied Tree Duck, it joins the Wood Duck as one of eight duck species that roost and nest in trees. BBWDs often feed at night, eating a wide variety of plant material and occasionally arthropods and aquatic vertebrates. Like geese, these ducks can be found foraging in recently harvested fields for any grain left behind.

BBWDs often partner for life. Both parents share in the incubation and rearing of the ducklings. This is another trait they share with geese. Breeding starts at one year of age. BBWDs prefer to build their nests in hollow trees or nest boxes, but will nest on the ground if necessary. One egg a day is laid; the average is 13. Incubation lasts 26-31 days. Chicks will drop from the nest at 2 days of age and are able to care for themselves! They will stay with the parents for up to six months. There is one brood, possibly two if the nest is abandoned, per season. Adults molt after the breeding season ends and are unable to fly until their flight feathers regrow. During this time, usually 30 to 40 days, the normally sociable duck becomes shy and remains hidden in tall vegetation.

No matter how “un-duck-like” Black-bellied Whistling Ducks want to be, they still share one thing with all the other ducks that reside in Rivendell’s ponds...they make you smile.

We should be on “America’s Next Top Model”

~ photo by Kay Mruz



ARTS and EVENTS IN SARASOTA

Belle Canto in Concert



On Wed. Nov. 16 at 12 noon, Belle Canto will be singing at Holley Hall in Sarasota for the Munchtime Musicales Series. This free hour-long concert is titled "A Tapestry in Songs," and will feature music from classical opera to gospel and musical comedy. This all-women's vocal ensemble (including our own board member Judy Sokal) has received rave reviews since its inception in the Fall of 2009; this season's concert schedule can be found at www.bellecanto.org.



Bella Canto Vocal Ensemble ~ photo submitted by Judy Sokal

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Van Wezel Performing Arts Center 2011-2012 Event Brochure

This link will allow you to page through the Van Wezel's Event Brochure. After you have gone to the link, just click the moving arrow in the upper right hand corner of the "brochure" page.

http://www.vanwezel.org/brochure.cfm?utm_source=Van+Wezel&utm_campaign=122731ed5a-tix-onsale&utm_medium=email

The event calendar:

<http://www.vanwezel.org/index.cfm>



News from Pierian Spring Academy

Register on-line now for Winter and Spring Classes

Winter classes starting January 9 and Spring classes starting February 27

Classes are two hours, except for film classes, and are offered in the morning, noon, and afternoon.

Four locations: Argosy, Eckerd, Friendship Center, Plymouth Harbor.

Sign up now (on-line or by mail) and don't miss out. Some classes have limited registration.

Pay with paypal, credit card or send a check. The website has descriptions of classes and teachers.

New website: <http://www.pierianspringacademy.org/>

Course Catalog: <http://www.pierianspringacademy.org/include/pdfs/coursecatalogA.pdf>

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<http://www.sarasotacountyschools.net/schools/ace/default.aspx>

Sarasota County Extension Open House November 10th

Each of the University of Florida/IFAS Sarasota County Extension programs-horticulture, agriculture, sustainability, consumer and family sciences, and 4-H education-will provide information and educational activities related to water quality and conservation. Nov. 10, 3-7 pm, at 6700 Clark Road, Sarasota. Free and open to all ages. For more information please call 941-861-9900.



Book Group

By Marilyn Probert



On Monday, November 14, the subject will be "The Widow of the South" by Robert Hicks. This novel is based on real-life events that forever changed the life of Carrie McGavock, once a slave owner. The Battle of Franklin in Tennessee occurred on November 30, 1864 and resulted in more than 9,000 casualties. Carrie's house had been commandeered to serve as a hospital, and she helped care for the wounded and the dying who were then buried in a neighboring field. When the owner of the field threatened to plough it over, Carrie and her husband transferred over a thousand bodies to their own cemetery and this became the only private cemetery for Confederate soldiers. Due to her almost obsessive concern for the dead, Carrie became known far and wide as the Widow of the South. Deborah Berzins will be discussion leader at the home of Carol Heckert, 808 Placid Lake Drive, phone 918-9528.

December's selection is "The River of Doubt: Theodore Roosevelt's Darkest Journey" by Candice Millard. The author focuses on T.R.'s encounters with cannibals, ferocious piranhas, and man-eating catfish while exploring the Rio da Duvida, a tributary of the Amazon. Sallie Hawkins will host at 716 Anna Hope Lane, phone 966-6916; Pam Babbitt will lead the discussion.

In January the group will discuss Geraldine Brooks' "March," a fictitious account featuring the father of the "Little Women."

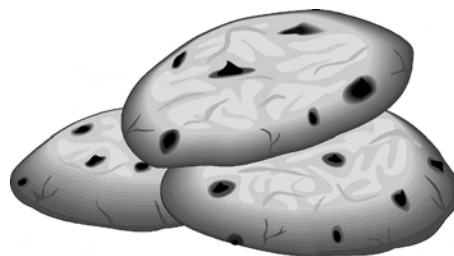
All Rivendell residents are welcome at Book Group gatherings. We meet on the second Monday of the month, at 7:30 p.m.; please call the month's hostess if you plan to attend.

Recipe served at Book Group in September

Easy Graham Cracker Heath Bars from Pam Babbitt

Ingredients:

Graham crackers
1-cup butter
1-cup brown sugar
2 cups crushed pecans
12 oz semi-sweet chocolate chips



Directions:

Break graham crackers in half and then quarters.
Line cookie sheet with graham crackers. Use a "12x15" cookie/baking sheet.
Sprinkle 2 cups crushed pecans over graham crackers.
Bring 1-cup butter and 1-cup brown sugar to a boil.
Pour the sugar-butter mixture over the grahams and pecans.
Bake at 350 degrees for 10-13 minutes.
Remove from oven.
Sprinkle with 12 ounces of chocolate chips.
Let chips melt, then use knife or back of spoon and gently smooth the melted chips over the top (careful not to pull the pecans up).
Cool in refrigerator.
These also freeze very well.

Medical News You Can Use: Insomnia: Improving your sleep

Submitted by Ed Lin, adapted from
webmd.com

Insomnia, a common problem, means that you have trouble falling asleep or staying asleep. Most people have sleep problems now and then because of temporary stress, worry, or an irregular schedule. But when you have trouble sleeping for weeks or months, it can lead to health problems.

The good news is that if you can change the way you think about sleep, and make simple lifestyle changes, you may improve how well you sleep. Keeping a sleep diary can help you figure out what helps and also what may get in the way of a good night's sleep.

Changing one or more habits may improve how well you sleep. Research shows that lifestyle habits and sleep practices are strongly related to overall sleep quality. Go to bed at a regular bedtime every night. Wake up at the same time each day, including weekends, even if you haven't slept well. Your exercise habits and the physical environment of your bedroom can also affect how well you sleep. Regular exercise can help you sleep better.

What, when, and how much you eat and drink can affect your sleep. Eating a large meal close to bedtime can make it hard to sleep, but a snack right before bed may help you sleep. Alcohol may make you feel sleepy, but it may upset your sleep. If you usually have 1 or 2 glasses of wine before bed and seem to wake up at 3 a.m., have a drink with no alcohol (and no caffeine) instead. Don't go to bed thirsty. But don't drink so much that you need to urinate often during the night.

Set aside time for problem solving earlier in the day so that you don't carry anxious thoughts to bed. Keep a notepad by your bed to write down thoughts or worries that keep you up at night. Do something relaxing before bed. Try deep breathing, yoga, meditation, tai chi, or muscle relaxation.

Take a bath. Play a quiet game, or read a book. Reserve the bed for sleep and sex. A bit of light reading may help you fall asleep. But if it doesn't, do your reading elsewhere in the house. Don't watch TV in bed.

Be sure your bed is big enough to stretch out comfortably, especially if you have a sleep partner.

Use earplugs, or sleep in a different room if your partner's snoring keeps you awake. Reduce noise in the house, or mask it with a steady low noise, such as a fan on slow speed or a radio tuned to static. Use comfortable earplugs if you need them. Keep the room cool and dark. If you can't darken the room, use a sleep mask. If watching the clock makes you anxious, turn the clock so you can't see it.

Consider making your bed off-limits to your children and your pets. Their sleep patterns may be different from your own and may affect your sleep. Don't take naps during the day. Don't use tobacco, especially near bedtime. Nicotine is a stimulant, which can keep you awake. Don't lie in bed awake for too long. If you can't fall asleep, or if you wake up in the middle of the night and can't get back to sleep within 15 minutes, get out of bed and go to another room until you feel sleepy.

Pick one thing to change, and see how that change affects your sleep. After a week or two, add another change. Your sleep should improve. If it doesn't, talk to your doctor.



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ARCHITECTURAL REVIEW COMMITTEE

Minutes of September 27, 2011 Meeting

By Barry McClure

Attendees: Barry McClure – Committee Chair, John Greco – Board Liaison, John Beatty, Frank Pafumi, Allen Roeter

Guest: none

The ARC meeting was called to order at 6:00 PM with all of the Committee members present.

The minutes of the prior ARC meeting were reviewed and approved as written.

The following applications were reviewed and decided for action.

ITEM	ADDRESS	WORKPLAN	RESOLUTION
1.	626 Rivendell Blvd	Remove existing palms and replace with Foxtail palms	Resolved: approved Motion: Pafumi 2 nd : McClure Notes:
2.	930 Scherer Way	House Painting	Resolved: approved Motion: Roeter 2 nd : Greco Notes:
3.	930 Scherer Way	Landscaping with existing tree / bush removal & new tree planting	Resolved: approved Motion: Roeter 2 nd : Greco Notes:
4.	930 Scherer Way	New outside light fixtures	Resolved: approved Motion: Roeter 2 nd : Greco Notes:

New business: none

ARC meeting adjourned at 6:10 pm.

Next Meeting: October 25, 2011 6:00 p.m.

The Architectural Review Committee (ARC)

Meets the **last Tuesday** of each month at the Cottages Clubhouse; applications are due to Lighthouse Management by the **third Tuesday** of each month.

Be a Block Captain

A great opportunity to meet your neighbors! Duties include delivering the Directory once a year and you may be asked to help once or twice more.
Contact CindyCWS1@aol.com

Email Address, Please

We want to keep you up-to-date on community activities and to keep ALL homeowners informed. *Your email address will not be distributed to any outside agency.* **Please send your name and email address to Barb Gahry at:**
Bgahry@aol.com.

Sarasota Environmental Services Residential Yard Waste

What to do for your yard waste, garbage and recycling pickup?

Place **yard waste** separately at the curb in a garbage can (do not mix yard waste with garbage) or kraft bag that does not exceed 40 pounds and does not protrude more than one foot above the edge of the container. The use of plastic bags for yard waste is discouraged, but allowed.

Branches, limbs and bulky yard waste should be bundled and tied together with string.

Bundles must not exceed 40 pounds or four feet in length.

Bundles should be stacked as neatly as possible at the curb.

Containers and bundles must be set out at curb by 6 a.m. on pickup day (Thursday for Rivendell).

Cans must not exceed 40 pounds; must be leak proof and waterproof; trash should not protrude more than one foot above the edge.

Bags must be closed and unbroken. Loose trash will not be picked up.

Cans, bags, and tied bundles must not exceed four feet in length and weigh 40 pounds or less.

Items weighing more than 40 pounds require a special pickup. Call 941-493-4100 for information.

The following information is available to download from the website: <http://www.scgov.net/environmentalservices/solidwaste/residentialgarbage.asp>

How-to Guide for Residential Solid Waste 2011

WM Collection Schedule Map



Where have you been lately?

Let us hear from you.

We'd like to write a series of interesting travelogues from Rivendell readers.
Please contact Norma Lee at nlrhines@verizon.net and share your trip experiences.

We'll do our best to include your adventures.

NEXT ANNUAL MEMBERSHIP and ELECTION MEETING

Monday, February 6th, 2012

6:00 pm at Bentley's

Mark Your Calendars Now

And Consider Running for one of
the Board Seats up for Election



shearparadisosalon.net

Shear Paradise
S A L O N

941-918-2222

Bay Street Village

3976 Destination Drive

Osprey, FL. 34229

SERVICE PROVIDER RECOMMENDATIONS

Computer help and technical support, 941-504-7064, Chris Dower. We heartily recommend Pine View senior Chris Dower for your computer needs. He has not only made repairs to our computers, but he is helpful in teaching us new skills and speaking at our level of understanding. And his prices are reasonable. Chris can be reached at 941-504-7064 or cliffjumpers57@gmail.com. *Judy Sokal and Jon Lewis*

Greenway Carpet Care, 941-228-1917, Dave Eschenbach. I have used Greenway Carpet Care multiple times over the past few years and each time I am more impressed with the quality and professionalism of this firm. The business is owned by Dave Eschenbach and he is the most knowledgeable and professional individual I have ever used to clean my carpets. His phone number is 941-228-1917 and his website is www.GreenwayCarpet.com. *Dave Swanson*

Total Therapy Solutions, 941-918-9575. Personalized physical therapy close to Rivendell – the office is located in the shopping area at Blackburn Point (Richards, Scrambles, Cove Dry Cleaners, and Frankie's, are also located in this shopping area). After required physical therapy sessions have ended, Total Therapy Solutions offers a Wellness Program that provides independent work in a supervised setting. *Pam Babbitt*

Send in your favorite Service Provider!

Please send us the name and phone number of your favorite plumber, electrician, hair stylist, landscaper, you name it- and we'll list it!

If you have a service provider you'd like to recommend, please email Norma Lee at nlrhines@verizon.net

CLASSIFIED ADS

FOR SALE: French Provincial Dining Room Set with 6 chairs and glass front hutch. **Call 966-6291.**

COMPUTER HELP AND TECHNICAL SUPPORT: Senior at Pine View, and experienced. Most work runs \$20 an hour, and I have a flexible schedule. Call **Chris Dower, 941-504-7064.**

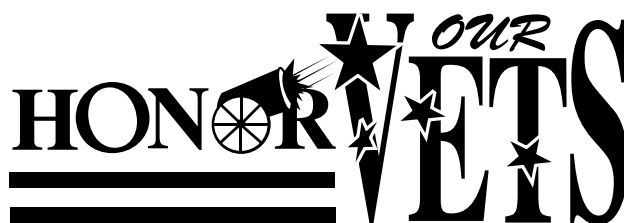
GOING ON VACATION? I will look in on your house and take care of anything that needs to be done, such as watering plants, feeding a pet, etc. Call **Steve Heckert at 918-9528.**

BABYSITTER Available: Molly Benkaim, 941-961-3385. 11th grade Pine View female student available for babysitting. Former camp counselor and CPR certified. Please call Molly if you'd like references.

PET SITTING: Eve Day, 941-780-0821. Rivendell High School Senior who does pet sitting. Will follow all instructions and pricing is very reasonable.

MOTHER'S HELPER/BABYSITTER: Sivan Yohann, 966-7766. Pine View 8th grader would love to play with your toddlers after school while you're trying to get dinner ready, or babysit your kids so you can have a well-deserved evening out! I am extremely friendly and responsible!

MUSICIAN/BAND: Daniel Yohann, 966-7766. Pine View 10th grader fronts Sarasota's Most Exciting Teen Band, Uneven Lanes. The band is available for private parties, charitable functions, and events. Check out our Facebook page to hear three of our songs!



LOTSA LOBSTER

By Norma Lee Rhines



Tom and friends.

~ photo by Norma Lee Rhines

Can't make it to the Boston Fish market this week? Save money on the airfare and visit Lotsa Lobster. Owners, Chris and Suzanne, have fish flown in daily. Here are some of their FRESH offerings: flounder, haddock, halibut, cod, swordfish, sushi grade tuna, Chilean sea bass, Scottish salmon, PEI mussels, large sea scallops, Florida gulf shrimp, Texas colossal shrimp, Maine steamers, top neck clams, middle neck clams and of course LOBSTERS – Lots of Lobsters – all sizes and cooked to order if desired. Occasionally bluefish and Pollock are available. They also have some prepared items including Legal Seafood's clam chowder, Red Rock seafood bisque,

Suzanne's salmon spread and summer salad, smoked salmon, lobster rolls made to order, stuffed clams from Danvers, MA, and Caribbean key lime pies made locally. Tom is usually behind the counter and is a pro at cutting the exact size fish you desire. Just tell him how many hungry people you want to feed.

When you go into the store, make sure to pick up a copy of Suzanne's favorite recipes. Visit on your birthday, and you will be given a FREE lobster.

LOTSALOBSTER, 8780 S. Tamiami Trail, Sarasota. 941-918-2529. Hours: Tues.-Saturday 11AM-6PM and Sunday 11AM-4PM. Closed Mondays. Hidden away in a small plaza next to Hudson Furniture and Sky King Fireworks (just ½ miles south of Central Sarasota Parkway, on the west side of Rte. 41).

The Sarasota Observer Delivery

The *Woodlands Word* is usually delivered inside *The Sarasota Observer* the first Thursday of each month.

Seasonal residents:

To reinstate or suspend delivery of *The Sarasota Observer*, call Donna Condon at 366-3468.

Remember you can still read the *Woodlands Word* online by going to http://www.light-housepropertymanagement.net/portal_login.html and clicking on News Letters.

Be sure to visit the website to see the photos in color!

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(nlrhines@verizon.net)

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(ARC.BMc@gmail.com)

Board Liaison, John Greco**Chair**, Barry McClure

Frank Pafumi, Allen Roeter, John Beatty

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(davidegill@verizon.net)

Board Liaison, John Critser**Chair**, Dave Gill

Mike Bergman, Frank Freestone, Ken Heckert,

Carol Heckert, Charles Kiblinger, Denny Pavlock,

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Schubert, Nancy Schubert, Jim Stepien

Swimming Pool

(Vacant)

Board Liaison, Ken Heckert**Chair**, Vacant

Carol Heckert, Bo Potter, Lori Yohann

Access the Rivendell website at:http://www.lighthousepropertymanagement.net/portal_login.html

**Your input and feedback are always
encouraged and welcomed.**

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Deadline - Submit articles and information to
pbbabbitt@comcast.net by the tenth of the
month.

